



January 31, 2026  
 Cooperative Middle School  
 100 Academic Way, Stratham NH 03885  
 Doors Open @ 7:30 am

The Gymnasium Grades & Prelim Competitions							Auditorium		
Time	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Time	Auditorium Stage	
8:30	Prizewinner U7/U8/U9 (8)	Prizewinner U10/U11 (11)	Prizewinner U12 (13)	Prizewinner U13 (11)	Prizewinner U14 (9)	Prizewinner U15/15+ (9)	8:30	Ladies 20+ (12), Girls U20 (9), Girls U17/U18 (9) Concurrent	
9:15	Novice U6/U7/U8 (8)	Novice U9 (16)	Novice U10 (18)	Novice U11 (20)	Novice U12 (16)	Novice U13/13+ (15)	10:30	Boys U16 (2), Boys U14 (1), Girls U16 (13), Girls U15 (13) Concurrent	
	Stage 1			Stage 2				12:30	U13 2-Hand, All 3-Hands, All 4-Hands, All 8-Hands
10:30	Prelim U8/U9 Combined (5) Concurrent W/ U13 (6)			Prelim U11 (12) Concurrent W/ U15/U16 Combined (9)					
11:15	Prelim U10 (11), Prelim U12 (10) Concurrent			Prelim U14 (6) Concurrent W/ U17/U18 Combined (9)			1:00	Lunch	
12:00	Lunch						1:30	Girls U14 (13), Girls U13 (6) Concurrent	
12:30	Prelim U11 (12) Concurrent W/ U15/U16 Combined (9)			Prelim U8/U9 Combined (5) Concurrent W/ U13 (6)			2:45	Girls U12 (10), Boys U9/U10 (3), Girls U11 (4), Girls U9/U10 (6) Concurrent	
1:15	Prelim U14 (6) Concurrent W/ U17/U18 Combined (9)			Prelim U10 (11), Prelim U12 (10) Concurrent			<ul style="list-style-type: none"> <li>• , Means Concurrent Competitions</li> <li>• / Means Combined Competitions</li> <li>• Please be ready to dance at least 30 minutes before your competition is set to start as competitions may start early</li> <li>• All Prelim &amp; Open Champs will start in <b>HARD SHOE</b></li> <li>• Grades postings will be on the wall at the feis and not on social media</li> <li>• Number cards will be available at the feis for pick up or you may print them at home</li> <li>• Light breakfast, lunch, grab and go snacks and drinks will be available for purchase in the cafeteria</li> <li>• Practice space will be in the hall off the school lobby.</li> <li>• Champ awards will take place in the cafeteria, SOFT SHOES PLEASE</li> </ul>		
	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6			
2:15	Adv. Beg. U7/U8 (16)	Adv. Beg. U9 (12)	Adv. Beg. U10 (15)	Adv. Beg. U11/11+ (12)	Prebeginner U5 (2)	Prebeginner U6/U7 (5)			
3:00	Beginner U5/U6 (6)	Beginner U7 (10)	Beginner U8 (13)	Beginner U9/9+ (9)					
<p>★ PLEASE NO hard shoe dancing on school flooring          ★ PLEASE NO food or drink in the gym or auditorium          ★ SOFT SHOES ONLY FOR AWARDS</p>									